

**Level 1 Sports Trainer**

Course Number: T31201

Saturday January 21 & Sunday January 22 2012

9:00am - 5:00pm (both days)

KGV Football House, 18 Grove Rd, Glenorchy

Cost: \$199



FOOTBALL FEDERATION  
**TASMANIA**

For further information regarding the above course please contact  
Sports Medicine Australia on 03 9674 8777 or [ssp@vic.sma.org.au](mailto:ssp@vic.sma.org.au)



## Frequently Asked Questions

### Level 1 Sports Trainer

This course will recognise you as a nationally accredited sports trainer, providing skills on how to prevent and manage injuries on and off the sporting field. National accreditation from this course is the standard requirement to work as a sports trainer in many of the country's sporting codes. Learn from skilled presenters on the topics of:

- Preventing sports injuries
- Principles of injury management
- Sports taping
- Sports nutrition
- Transporting the injured athlete
- Common sporting illnesses, injuries and medical conditions

### Why become an SMA Level 1 Sports Trainer?

The Sports Trainer plays an important role in ensuring the safety of participants at sporting clubs. Being a Level 1 Sports Trainer also provides an opportunity to follow a pathway to advanced skills as a Level 2 Sports Trainer and to qualify to become a Sports Medicine Australia Sports Trainer Member.

### Are there any prerequisites?

Yes. A current first aid certificate or a current SMA Sports First Aid Accreditation must be provided to SMA in order to receive accreditation as a Level 1 Sports Trainer. These should be sent or faxed to SMA prior to attending the course.

### What are the course outcomes?

Successful completion of the Level 1 Sports Trainer course provides an opportunity for participants to become a SMA Nationally accredited Sports Trainer. This is the standard required to perform the duties of a sports trainer in most of Australia's major sporting codes.



## ENROLMENT FORM

Title (circle) Mr Mrs Miss Ms Dr \_\_\_\_\_ Name \_\_\_\_\_

Address \_\_\_\_\_

Suburb \_\_\_\_\_ P/Code \_\_\_\_\_

Contact Phone \_\_\_\_\_

Email \_\_\_\_\_

Course Number \_\_\_\_\_ Course Type \_\_\_\_\_

Payment Details (all prices include GST)

I will direct deposit \$ \_\_\_\_\_ on the following date \_\_\_\_\_

Enclosed is my cheque for \$ \_\_\_\_\_ (payable to SMA - Tasmanian Branch)

Please debit \$ \_\_\_\_\_ From :  MasterCard  VISA

Card Number \_\_\_\_\_

Card Expiry Date \_\_\_\_\_ / \_\_\_\_\_

Name (as it appears on the card) \_\_\_\_\_

Signature \_\_\_\_\_

Please send cheque or credit card payments to: Phone: 03 9674 8777 Fax: 03 9674 8799  
**Sports Medicine Australia - Tasmanian Branch** Email: ssp@vic.sma.org.au  
**Sports House, 375 Albert Road, South Melbourne 3205** ABN:13 821 409 176

Direct Deposit: Acc Name - Australian Sports Medicine Federation - Tasmanian Branch BSB 017-010  
Acc Number 0017-28052 please use 'surname\_course no' as your transaction reference & email the remittance advice to ssp@vic.sma.org.au

Refund Policy - Refunds will be provided in accordance with the SMA Refund Policy. See SMA VIC Code of Practice below.

How did you hear about SMA courses?  SMA-VIC Website  Eflash  Club/Organisation

Facebook  sportspeople.com.au  Other \_\_\_\_\_

Please ensure payment is received prior to the course commencement date. Participants turning up on the day without enrolling beforehand may be turned away.

Please make cheques payable to:  
**"Sports Medicine Australia  
Tasmanian Branch"**  
or fill in credit card details and return to:  
Sports Medicine Australia,  
375 Albert Road,  
South Melbourne, VIC 3205  
Email: ssp@vic.sma.org.au